



VOLUME II: ISSUE II

“If you get out of Toastmasters all there is to get out of Toastmasters, you will never get out of Toastmasters.”

**Helen
Blanchard Past
International
President**

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Division B Newsletter

Existing or LIVING? - Rob Nickel CTM, CL

Contrary to popular belief, life is not too short, it's just some people wait too long to get it started. I heard my favorite inspirational speaker Jim Rohn once say "wherever you are – BE THERE" and "Some people just get through the day; I suggest you get from the day". Since hearing these inspiring words, I have made a mental note to always "be there" and see every day for what it truly is, a gift! So with Christmas coming I thought I would share this gift with you.

I am writing this article while on an airplane coming back from Gimli, Manitoba. I was there speaking about leadership at the annual Ducks Unlimited Conference. I was asked to join them on the night's festivities which I graciously accepted. The event that particular night was a night sleigh ride far into wilderness in -15 degree weather. On this adventure were twenty-five people, four horses, two sleighs, one dog, and maybe just a couple of beers. There were no houses, roads, or lights in

sight, but there was the company of many giving, funny and joyous people.

While settling in the middle of nowhere around a bonfire I realized, this is the difference between just existing and living. I could have stayed in my nice warm hotel room watching T.V. but instead I decided to seize the day, live it, not just exist within it. What an experience and journey I was on in the middle of Manitoba, with people I just met. People from all over the country, from different walks of life, different backgrounds and I had access to all this information in one of the most unique settings I had ever been in. I truly was getting from the day. Never had I been on such an adventure in the company of so many wonderful people. At 10:30 p.m. we got back on the sleighs for the 30 minute trip back to civilization. As I listened to the sleigh bells ringing on the way back combined with the laughter of my new friends, (not to mention the feeling of my near frost bitten toes) I



“Realize how amazing every day is, look at every day as a gift”

Rob Nickel, CTM, CL

realized how special not only that day was, but how amazing every day is. We so often forget to see our time on this planet that way. That adventure will forever be engraved in my mind as wonderful memory. I had made 24 new friends (well 25 counting the dog) and had some great laughs as well. It's not just about having unique adventures like a sleigh ride in Manitoba, or doing something out of the ordinary; it is about looking at every day as a gift and getting from it. (Contd. pg. 3)

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Toastmaster Clubs - Division B

Area 1	Area 14	AREA 28
Dell Canada	Gavel & Glass	Richmond Hill
Enbridge Consumers Gas	Podium	Destiny
Big Blue Toastmasters	Speakers	Thornhill
Tall Tellers	Granite	
Hummingbird	Inspiring Voices	
	Carswell	
AREA 41	AREA 42	AREA 44
State Farm	Mintz & Partners	Scarborough
Verbal Attax	Commonsense Speakers	TM of Cedarbrae
Tetso Toasters	Kraft Undisputed	Cipro
Tax Toasters	Naturopathic	CPAC
Vocal Mobility	Celestica	
Operations Orators		
	AREA 48	
	Markham Sweet Talkers	
	Markham	
	IBM Toronto Lab	
	Wyeth Canada	
	Mototoasters	
	AC Neilson Insightful	

"When you think it,
you can do it,
if you choose it."
-- Steve Rogers

"The thrill of soaring
begins with the fear
of falling."
-- Scott Michael,

Existing or LIVING? - Rob Nickel CTM, CL (continued from page1)



Even as I sit here and type away on Westjet flight 700, I am having a unique experience. I have met Ryan (flight attendant), Janet (flight attendant) and William (seat 15b) who all have a different tale to tell. I noticed how Ryan and Janet are having fun working for Westjet, and treating all of the passen-

gers with respect and warmth. I witness my neighbouring passenger William's love for his family as he explains to me how he can't wait to get home after being away for the past week. I also notice how I have met probably 50 to 60 new people in the last 24 hours who all have a

different story. I have to wonder if they know about the gift of living everyday instead of just existing within that day. Remember, wherever you are – BE THERE!

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